

WEEK 3

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Choose from	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salvest azvari	Chicken Tikka Masala	Meatball Sub	Roast Gammon	Jacket Potato with Grated Cheese	Cod in Batter
Main	to go with	to go with	to go with	to go with	to go with
	Garlic & Coriander Naan Bread, Rice & Peas	Coleslaw, Sweetcorn, Seasoned Herby Diced Potatoes	Carrots, Peas, Roast Potatoes, Gravy	Baked Beans, Coleslaw	Baked Beans, Chips, Mushy Peas, Peas
	Quorn Tikka	Veggie Meatball Sub	Quorn Roast	Jacket Potato with Grated Cheese	Homemade Cheese & Tomato Pizza
Vegetarian	to go with	to go with	to go with	to go with	to go with
	Garlic & Coriander Naan Bread, Rice & Peas	Coleslaw, Sweetcorn, Seasoned Herby Diced Potatoes	Carrots, Peas, Roast Potatoes, Gravy	Baked Beans, Coleslaw	Baked Beans, Chips, Mushy Peas
2 I	Mango & Orange Iced Smoothie	Iced Buns	Marble Sponge to go with Custard	Oat Cookies	Choc Ice
and to finish! Bread and Salad will be	Fresh Fruit Pot	Fresh Fruit Pot	Fresh Fruit Pot	Fresh Fruit Pot	Fresh Fruit Pot, Cheese and Biscuits